

How You Can Benefit from an Extraordinary Mindset - Jazz Jennings & Xiuhtezcatl Martinez

A QUESTION FOR THE AGES ...

How Can Jazz Jennings and Xiuhtezcatl Martinez's Extraordinary Mindsets Benefit You?

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Important Question - Your Answer

Fill in the Answer Box ... Fill in the Blank(s)

<p>Why do think mindset is the rage from Main Street to Wall Street? →</p>	
<p>What are the four benefits of an extraordinary mindset?</p> <p>Are there more?</p> <hr/> <hr/>	<p>Benefit #1: _reducing _____</p> <p>Benefit #2: _better _____</p> <p>Benefit #3: _enhance _____ personally</p> <p>Benefit #4: _enhance communication _____</p>

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Important Question - Your Answer

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What does mindset mean to you? →	
Describe the Two Types of Mindset	Fixed Growth
What is important to note about the Gap between the Stimuli and one's Response to Stimuli? →	

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Important Question - Your Answer

Fill in the Answer Box ... Fill in the Blank(s)

What can you learn about Jazz Jennings from our introduction & her video clip?
→

And from her Twitter message?
→

In life, everything is about attitude and perspective (Jazz Jennings)

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Important Question - Your Answer

Fill in the Answer Box ... Fill in the Blank(s)

What can you learn about Xiuhtezcatl Martinez from our introduction and from his video clip?
→

And from his Visual message?
→

Want change? A song has a deeper message than a lecture (Xiuhtezcatl Martinez)

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Shifting Your Mindset - A
Meditation

Listen and follow
Return and do

What came to mind when
listening to the host's
personal stories?

What is a story you could
share? - outline it here ...

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Important Question - Your Answer

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Calls to Action - what can you do?

Join [the conversation at:
Collaborative Solutions Global
on FaceBook](#)

Or Follow #BeTheWave on all social media channels

Your thoughts on
Reflection-in and
Reflection-on
→

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Sample Resources:

Video

Jazz Jennings: <https://www.youtube.com/watch?v=YvgjDYaVN38>

Xiuhtezcatl Martinez: <https://www.youtube.com/watch?v=Kvlq3NXs04E>

Articles

7 Types of Mindsets:

<https://www.inc.com/lolly-daskal/7-mindsets-that-will-radically-improve-your-life-right-now.html>

7 Ways to Upgrade Your Mindset:

<https://medium.com/swlh/7-ways-to-level-up-your-mindset-5395fd103310>